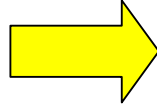


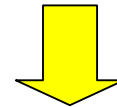
POSIÇÃO LATERAL DE SEGURANÇA

SEGURANÇA

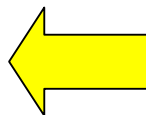
Alinhar a vítima, retirar objectos perigosos e libertar roupa no pescoço



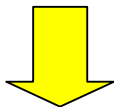
Colocar Braço a 90º



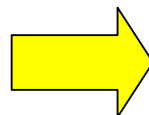
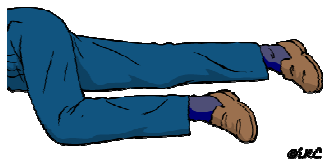
Puxar joelho contrário



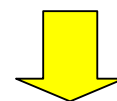
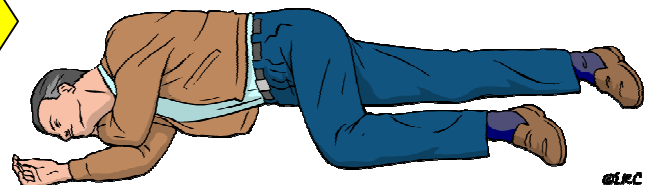
Mão contrária a proteger a face



Colocar joelho e anca a 90º



Esticar Via Aérea em Cima da Mão



Ligar 112